

Safety Tips for Junior Citizens

Here are a few hints and tips about staying safe when you are Out and About:

Using your mobile:

- Only give your number to friends you can trust
- If your plans change ring or text your parents to let them know
- For an emergency keep some money safe “Just in case”
- If on your own, set your phone to vibrate so as not to draw attention
- Don't be afraid to call 999 in an emergency
- Put the North Yorkshire Police Non-Emergency telephone number 101 into your Directory
- Key *#06# to find out your phone serial number – ask your parents to enter it on www.immobilise.com or store it somewhere safe at home
- Tell the police immediately if your phone is stolen
- Set up speed dials
- Use a “PIN” to lock your phone but keep it to yourself
- Put your home phone number and your parents' mobile numbers into your Directory
- Keep your phone in a different place to your money
- Have a phone case to hide its identity
- Don't walk along texting; be aware of what is going on around you
- Keep a copy of your phone numbers at home

Using your Bike:

- Keep your bike in good order, including lights and bell or horn
- Obey the rules of the road
- Wear the right accessories and always dress to be seen and safe
- It may not be cool but wearing a helmet might save your life in an accident
- Even if you are in a hurry avoid taking short cuts
- To avoid your bike being stolen, buy and use a padlock or chain to secure it
- Get your parents to make a note of the serial number or put it on immobilise.com
- Don't stop to speak to strangers
- If playing with friends on Parkland or a Common stick to the main paths and avoid wooded areas
- Remember if you ride your bike using a personal CD or MP3 player you won't hear the traffic or anyone calling you, which could be very dangerous for you

Using Public Transport:

- Always try to wait in a well-lit area
- Make sure you have got your travel pass or exact fare to hand and try to keep your wallet/purse out of sight
- Carry extra money, just in case, in a different pocket
- Sit near to the driver
- Stay in carriages with lots of people
- It is better to sit downstairs where there are usually more people
- Be aware of who is around you and don't speak to strangers

Using your feet:

- If you are walking somewhere, plan your route, stick to it and let your parents know before you leave for home
- Try to go with a friend
- Take your mobile with you
- Avoid dark doorways, alleys and lanes
- Never hitch a lift
- Remember, if you are wearing headphones you won't hear the traffic
- Hide your wallet/purse if you have one and have some change elsewhere just in case
- Keep your keys ready for when you get home
- Don't be afraid to leave early to go home but let your parents know

TO PREVENT CRIME IS EVERYONE'S RESPONSIBILITY